

Adults' Health and Wellbeing Partnership

A meeting of Adults' Health and Wellbeing Partnership was held on Wednesday, 27th November, 2019.

Present: Ann Workman(Chair), Andy Copland, Sara Dalton, Allan McDermott, , Cllr Mrs Ann McCoy

Officers: Gemma Mann (PH), Marianne Sleeman (MD)

Also in attendance: Nasima Akhtar (Durham University)

Apologies: Cllr Jim Beall, Marc Stephenson, Emma Champley, Jane Edmends, Natasha Judge, Sarah Bowman-Abouna, Sarah McManus, Steve Johnson

AHP 16/19 **Declarations of Interest**

There were no interests declared.

AHP 17/19 **Minutes of the meeting held on 2 July 2019**

Consideration was given to the minutes of the meeting held on 2nd July 2019.

RESOLVED that the minutes of the meeting held on 2nd July 2019 be confirmed and signed as a correct record.

AHP 18/19 **Health Inequalities**

The Partnership received a presentation relating to the Health Inequalities in an Age of Austerity: the Stockton on Tees Study.

The presentation highlighted the following issues:

Stockton on Tees was one of the highest areas in the Country with health inequality. Unemployment was one of the biggest factors of suicide rates.

Life expectancy was lower than the national average for both men and women in Stockton on Tees albeit the gap had reduced to: 13.9 years lower for men and 14.3 years lower for women.

Material factors, such as employment and income were positively associated with wellbeing, similarly, psychosocial factors played a key positive role in wellbeing,

Figures in the study included adults only and had no measure of the impact on children.

Discussion

- Members noted how mental health and wellbeing related to physical wellbeing. Tees Active had been working with Middlesbrough MIND to improve both mental and physical wellbeing.
- The Council had been awarded a small amount of funding and was developing a Community Pathfinder for a Primary Care Network for volunteers.

- People who had multiple jobs with no, or little, social life would be possibly prone to mental health issues. It was noted that engagement was needed with DWP regarding the 'working poor'.
- The book; Health and Hard Times which had been published earlier this year would give the Partnership all the relevant information regarding the impact of health inequality.
- One focus from the Peer Review, held by the Council, was health and inequality and how the issue could be tackled.

RESOLVED that the presentation from Durham University be noted.

**AHP
19/19 JSNA - Childhood Injuries**

Members considered a report relating to childhood injuries.

Stockton on Tees had a significantly higher number of childhood injuries than the national average. Accidental injuries to 16 – 24 year olds was also higher than the national average.

The majority of injuries took place in and around the home and the main cause of injury was primarily falls and poisoning.

One of the issues highlighted was parents not having access to safety equipment at home and not being aware of their child's development and how quick this happens.

Home Safety assessments are carried out and equipment offered to parents; the most requested piece of equipment was stair gates. Family Hubs played a substantial part around promoting assessments.

Discussion

- Members discussed what skills and competencies underpinned youngsters to make healthy lifestyle choice. How to ensure young people were given access to life and coping skills with positive peers with the ability to access services and support when they needed it.
- Systems were in place to flag up when someone attended hospital with a young child; this would highlight how many previous visits the child had made to hospital and the reason.
- It was noted that more conversations were being held around mental health and suicide. Teenagers faced many difficult challenges in their lives now, it was a very complex picture.
- Members agreed more engagement was needed with the young people:
 - The Big Committee would be contacted for their views on how to engage young people of the Borough regarding Public Health issues.

RESOLVED that the update on JSNA – Childhood Injuries be noted and be

approved for publication.

**AHP
20/19**

Scoping the Sector

Members were provided with a report that updated the Partnership on the Voluntary Sector.

It was explained that Catalyst tried to carry out a review of the local infrastructure organisation every five years. Catalyst wanted to go back to basics and look at what was happening within the sector. There were between 700 and 800 organisations within the sector, 150 responses were received.

The survey was online but paper copies were also provided where requested.

There was a drop in funding over the years, Catalyst paid for a service called Grant Finder which had seen an increase in use and the criteria was getting harder.

Catalyst had looked into holding Forums, for children and young people, but there was no network within the sector. Catalyst would contact Bright Minds Big Future to see what links could be made with youth groups of the Borough.

Members were informed that the volunteer market was very popular. Tees Active explained that it utilised volunteers through MIND.

Discussion

- Members agreed the role of Catalyst was crucial and, without the voluntary sector, adult services would be weaker. It was hoped that the Community Pathfinder would look at how the Council and partners could support communities.

RESOLVED that the update from Catalyst be noted.

**AHP
21/19**

Forward Plan

The Partnership gave consideration to the Forward Plan.